Extra support for keeping diabetes in check



If you're managing diabetes, your health plan includes the Transform Diabetes Care® program at no extra cost.

This program offers support, tools and guidance to help manage diabetes. It works along with the care you already receive.

Transform Diabetes Care includes:



Support from an Aetna® care team including Certified Diabetes Care and Education Specialists, registered nurses and registered dietitians



Two no-cost vouchers for diabetes-related screenings at MinuteClinic®



Access to the Health Optimizer® app to track glucose, connect wearable devices, explore nutrition and well-being resources, and more

What happens next

Eligible members are enrolled automatically. If you're eligible, you may be contacted by a care team representative to answer questions and help get started.

Questions?

Just call the number on your member ID card.

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For your best health, we encourage you to have a relationship with a primary care physician or other doctor. Tell them about your visit to MinuteClinic, or MinuteClinic can send a summary of your visit directly to them.

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